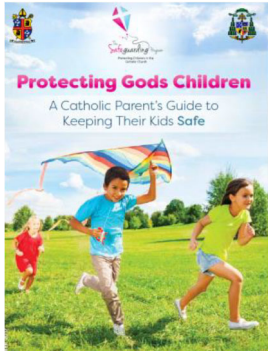




Suggested Reading

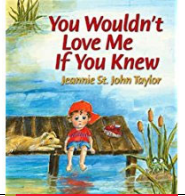
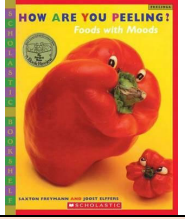
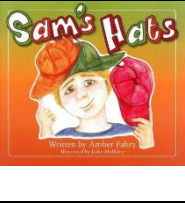

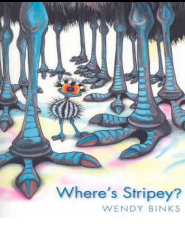
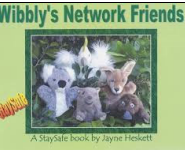


Protecting God's Children - A Catholic Parent's Guide to Keeping Their Kids Safe



**Love, Sex and Relationships
The Basic Essentials for Catholic Teenagers**

1. Theme 1 - God gave all children the right to feel safe at all times	
<p>We are All Born Free Author : Amnesty International</p>	
<p>For Every Child : The UN Convention on the Rights of the Child in Words and Pictures Author : Caroline Castle</p>	
<p>God Made All of Me : A Book to Help Children Protect Their Bodies Author : Justin S. Holcomb and Lindsey A. Holcomb</p>	
<p>You Wouldn't Love Me If You Knew Author : Jeannie St John Taylor</p>	
2. Feelings and Emotional Intelligence	
<p>The Way I Feel Author : Janan Cain</p>	
<p>When I Feel Angry Author : Cornelia Maude Spelman</p>	

<p>You Wouldn't Love Me If You Knew Author : Jeannie St John Taylor</p>	
<p>How are you peeling? Author: Saxton Freymann</p>	
<p>3. Early Warning Signs and the Safety Continuum</p>	
<p>Max's Creepy Crawly Slimy Things Author : Alicia Moore and Cath Laws</p>	
<p>Huge Bag of Worries Author : Virginia Ironside</p>	
<p>Sam's Hats Author : Amber Fabry</p>	
<p>4. Theme 2. Nothing is so awful that we can't talk with someone about it.</p>	
<p>Jasmine's Butterflies Author : Justine O'Malley</p>	
<p>Don't Let the Pigeon Drive the Bus Author : Mo Willems</p>	
<p>5. My Helping Hand%</p>	
<p>Brave Knight Author : Alicia Moore and Cath Laws</p>	
<p>Where's stripey? Author: Wendy Binks</p>	
<p>Wibbly's Network Friends Author : Jayne Heskett <i>OUT OF PRINT</i></p>	

6. My Private Parts

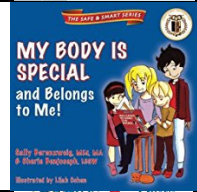
Only for Me

Author : Michelle Derrig



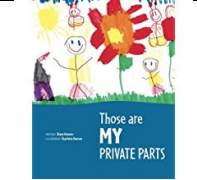
My Body is Special

Author : Sally Berenzweig and Cherie Benjoseph



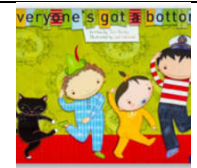
Those are My Private Parts

Author : Diane Hansen



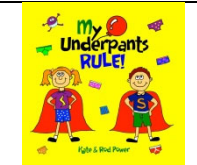
Everyone's Got a Bottom

Author : Tess Rowley



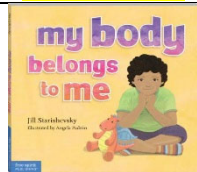
My Underpants Rule

Author :Kate Power and Rod Power



My body belongs to me

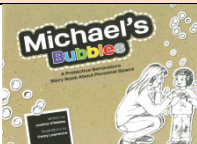
Author : Jill Starishevsky



7. Social Distance

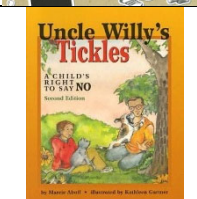
Michael's Bubbles

Author : Justine O'Malley



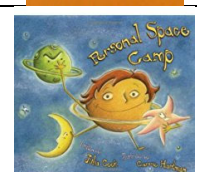
Uncle Willy's Tickles

Author : Marcie Aboff



Personal Space Camp

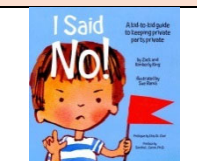
Author: Julie Cook



8. It's OK to Say NO

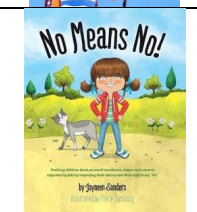
I Said No!

Author: Zack and Kimberly King



No means no

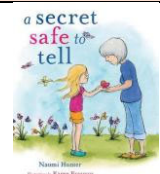
Author: Jayneen Sanders



9. Secrets

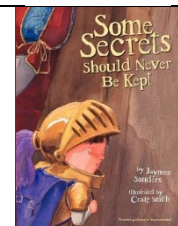
A Secret safe to Tell

Author : Naomi Hunter



Some Secrets Should Never Be Kept

Author : Jayneen L Sanders

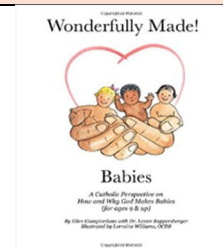


10. God's Design for Sex

Wonderfully Made

Author: Ellen Giangiordano

Is an excellent book sculptured with a beautiful yet simple text that is easy to read and understand? The lively art work will allow children to gain an age appropriate understanding of God's intention for man and woman. This little book is the "Theology of the Body" for children which can be used in a family, school or church environment. Note this book has Catholic contexts. Suitable for ages 9 and up.

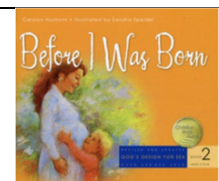


Before I Was Born

Author: Carolyn Nystrom

Explains in age-appropriate language the basic nature of sexual intercourse between a husband and wife and discusses conception, fetal development, childbirth, and breastfeeding. Please note this book has Christian contexts.

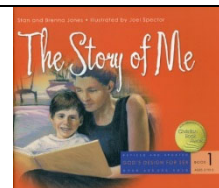
Suitable for ages 5 to 8.



The Story of Me

Authors: Stan and Brenna Jones

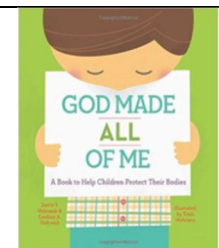
It's never too early to begin giving your child a practical understanding of his or her unique, beautiful body and why God designed it to be exactly the way it is. This book has candid, age-appropriate language and realistic illustrations, The Story of Me explains: God's love and the goodness of all He has made, The nurturing family as God's context for love, Why God wants each baby to have both a mommy and a daddy, The specialness of being made a boy or a girl, Proper names for private body parts. Note this book has Christian contexts. Suitable for ages 3 – 5.



God Made All of Me

Author: Justine S. Holcomb & Lindsey A. Holcomb

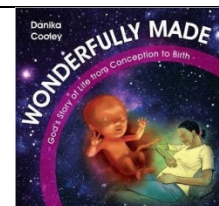
God Made All of Me starts with the fundamental truth that God created everything and applies this knowledge to children and their bodies. It equips parents to talk with both boys and girls about their bodies and to help them understand the difference between the appropriate and inappropriate touch of others. God Made All of Me allows families to build a first line defence against sexual abuse in the safety of their own homes and also in the wider community. Note this book has Christian contexts. Suitable for ages 5 – 9.



Wonderfully Made

Author: Danika Cooley

An excellent book that introduces a young child to the wonder of God's creation - the wonder and miracle of birth. From conception in the womb through the nine months within the mother's womb. This book takes the parents and child on a journey of discovery, the discovery of life. Suitable for ages 3 – 8.

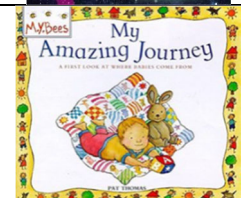


My Amazing Journey

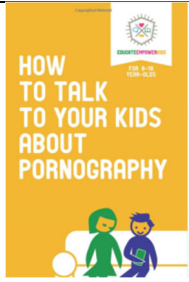

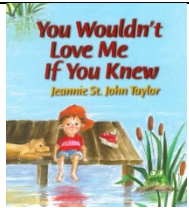
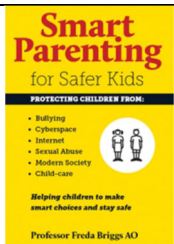
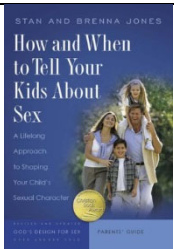
Author : Pat Thomas

Explores questions and concerns about where babies come from in a simple and reassuring way. The illustrations in this book support the text in a soft, child-like manner making this book not only educational and informative but also engaging and fun. Suitable for ages 5- 8 years.

HIGHLY RECCOMENDED



<p>Where Did I Come From Author Peter Mayle This is a book many of you may have had read to you. This book has a more direct approach for teaching children about reproduction and how babies are made. This book is straight to the point with educational pictures that support the text. Suitable for ages 8 – 10.</p>	
<p>30 Days of Sex Talks Author: Amanda Scott and Dina Alexander This book has been written by parents and reviewed by professionals, the 30 Days of Sex Talks program makes it simple for you and your child to talk about sex in the context in which it belongs; as part of a healthy relationship that also includes joy, laughter and the full range of emotion that defines human intimacy. Suitable for ages 3 – 7.</p>	
<p>The Talk Author: Luke Gilkerson This book has been designed to read with your child, providing a foundational understanding of godly sexuality. It is sexual education with a biblical core. This book provided discussions for 7 consecutive days with your child. Suitable for ages 6 – 10.</p>	
<p>Birds and Bees – By the Book Author: Patricia Weerakoon Designed for parents and carers to read with children aged 7 to 10, 'Birds and Bees by the Book' creates a safe space for answering questions about sexuality, gender and identity. (6 book pack)</p>	
<p>Talk Soon Talk Often Author: Jenny Walsh This is a 72-page booklet developed by the WA Health Department to support parents as sexuality educators of their children. Suitable for ages 6+ Available as a PDF online at http://healthywa.wa.gov.au/~media/Files/HealthyWA/Original/Sexual-health/TSTO_V2.ashx NOTE: Not all information will align with catholic teaching!</p>	
<p>Not for Kids Author: Liz Walker This exceptional children’s book offers gentle and insightful guidance and is a must have for parents and professionals to prepare kids under the age of 10 for the inevitable occasion of when they will see explicit imagery. Who better to step them through this than loving and vigilant caregivers. Suitable for ages 5 – 12.</p>	
<p>Good Pictures Bad Pictures Author: Kristen Jensen It only takes a few taps on a mobile device for a curious child to find an endless supply of deviant and addicting pornography. Unfortunately, many young kids are being exposed to pornography without the slightest clue that it can damage their developing minds. Good Pictures Bad Pictures is a comfortable, read-aloud story about a mum and dad who teaches their child what pornography really is why it’s dangerous, and how to reject it. Using easy-to-understand science and simple analogies, this ground-breaking book engages young kids to porn-proof their own brains. Suitable for ages 8 – 10 years</p>	
<p>My Device RULES This resource cuts through to a young child because the message is delivered when you have their undivided attention, using rhyming language, colourful illustrations and child-friendly humour. LOVED by kids and EASY for parents/carers and educators, it engages and effectively teaches “When I’m on my device, I have fun but think twice, ‘Coz I always take care what I do”. Reinforced by games and scenarios, it clearly defines risks that children need to watch out for and reinforces the need to check with a safe adult if any device content may be dangerous. Recommended for boys and girls ages 5 to 9 years (or whenever they start using devices).</p>	

<p>How To Talk To Your Kids About Pornography Author : Educate and Empower Kids This book provides critical information and great discussion questions that will foster productive and meaningful conversations between you and your children. This book will also help you determine the particular needs of your home, whether its clear standards and guidelines, more monitoring or more trust and connection. This book has been designed to educate you, the parent, as well as your child or teenager about the dangers of pornography. Suitable for ages :8 – 18.</p>	
<p>Only for Me Author: Michelle Derrig This wonderfully written and illustrated book empowers young children about protecting their privacy and specifically their body privacy. This book is not designed to replace the conversation that you need to have with the children in your care, but instead aims to help facilitate these conversations, prompt questions, clarification and sometimes even disclosure. Suitable for ages 3 – 8.</p>	
<p>You Wouldn't Love Me If You Knew Author Jeannie St. John Taylor This delightful story book is about a little boy who has done something wrong for which he feels he cannot be forgiven. Finally he tells his mother what he has done and she does forgive him and tells him that Jesus forgives him too. The magic of this book is that the author does not tell the reader what it is that he has done so children can apply the context their own personal experiences. Note this book has Catholic contexts. Suitable for ages 5-10.</p>	
<p>Smart Parenting Author : Professor Freda Briggs AO This is a unique book that provides a practical guide for parents to help keep children safe. It is both explicit and realistic. The author Professor Freda Briggs draws on a lifetime of knowledge, research and practical experience to provide helpful information on the myriad issues that worry parents. This book sheds light on several significant risks including – the sexual abuse of children, safe use of the internet and modern day bullying. Suitable for all parents and carers of children 0 – 18 years.</p>	
<p>How and When To Tell Your Kids About Sex Author: Stan Jones & Brenna Jones There's more to teaching your kids about sex than a nervous discussion of the birds and the bees. In How and When to Tell Your Kids About Sex, you'll find important, helpful information on concerns your children face from infancy through adolescence. Building on a biblical foundation, they discuss how to talk with your children about sexual issues and when it's appropriate to tell them what. Note this book has Christian contexts. Suitable for Parents of children 4 – 18 years.</p>	

Coming Soon

A resource for young adults on living safely in an ever changing world. This resource has been written in partnership with the Safeguarding Office and Notre Dame University, Fremantle Campus. The resource will be launched at the Australian Catholic Youth Festival being held in Perth in December 2019.